



Michelle's Ride 2010

A family fun day out

**enjoy cycling along the beautiful Northumberland coast
in aid of:**

**Fabulous
Raffle
Prizes!**



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Raffle
Prizes!**

Sunday 23rd May, 2010

Druridge Bay Country Park, Near Amble, Northumberland

Michelle's Ride 2010 is a fun day with events for all the family. There will be three rides for all abilities starting and finishing at Druridge Bay Country Park. The event will raise money for the Sir Bobby Robson Foundation and Sustrans. The Sir Bobby Robson Foundation focuses on clinical trials of new cancer drugs and benefits patients from across the entire north east. Sustrans is the UK's leading sustainable transport charity and delivers practical projects to encourage people to travel in ways that benefit their health and the environment.

Please donate generously or ask family and friends to sponsor you.

**For more information and to enter on line, visit
www.michellesride.vox.com**